

portable. Where most people of average wealth view gold as portable and silver as bulky in terms of ease of transport, this family had so much wealth that no significant part of it could be easily transported as gold. Diamonds were to them as gold is to most families.

Her husband the banker had, however, belatedly understood. While his wife talked that evening about their lack of sufficient diamonds, he bemoaned the fact that he had not purchased a small farm in the country which could help protect his family from the looming potential for urban disaster.

Even where priorities are correct, resources are often wasted. We have repeatedly described storage food procedures which will provide for an active adult for one year at a cost of about \$150. Still people waste their resources on food storage programs with less nutrition, shorter shelf life, and a cost ten times greater. Don't do it! Store food for ten people for the price of one. Then you won't need fantasies about the protection of your food supplies from the neighbors. You are going to voluntarily feed them anyway. Why not prepare for it? Each time a news report stimulates you to improve your civil defense preparations, take action. The threatened disaster probably won't reach you, but it can help you to make preparations you may need later. Just be sure that each purchase is as cost effective as possible and in a good order of priority.

The trend may not be our "friend" as the saying goes and the cycles may scare us badly. The difference between a man of courage and a coward is not their fear. Both are afraid. The difference is that the courageous man uses his fear productively as a stimulus to effective action against the perceived threat.

EMERGENCY RADIO COMMUNICATIONS

Proper radio communications can not only be of great help during an emergency, they can also help prevent emergencies. It is, of course, of value to have ordinary radio receivers as a part of emergency supplies. An ordinary radio enables you to listen to official emergency messages transmitted over the ordinary AM and FM frequencies. Better is a radio receiver with short wave capability that will enable you to listen to official broadcasts from other countries, too. It is best to have at least two such radios.

Since EMP may destroy a radio receiver that is in use and hooked to its antenna at the time of the EMP pulse, each radio should be disconnected from the outside antenna when not in use. An ideal arrangement is for the radios to be stored in a Faraday cage inside the shelter. This is a completely surrounding metal box. If your shelter is metal and the doors are closed, you already have this protection. The antenna should be outside the shelter with a lead into the shelter. This antenna must be grounded when not in use to avoid bringing EMP inside the shelter. The antenna is disconnected from ground and attached to the radio when in use. If EMP destroys the radio circuits during this time, there is still the spare radio.

Additionally, it is very desirable to have two-way radios for personal communication. Citizen band, CB, radios of the sort common in automobiles today provide some capability, but amateur band radios are far superior. Quality of communication and range for amateur band