

We ought to teach one of these fact-free bureaucratic zombies to speak Russian and get them a slot as guest lecturer in a Soviet 5th grade civil defense class. They could speak to the kids just after the Russian film strips entitled *Blast Shelters, Fallout Shelters, and the Rules for Using Them, Skillfully Respond to the Threat of Attack and to Warning Signals, and What You Must Know About Nuclear Weapons.*

Just think, the Soviet kids know the facts, but they don't know about fact-free education.

Remember that phrase - "fact-free education." When distortion of the facts will no longer do the job - when there is just no way at all to fit the propaganda to the facts, the solution is obvious. Get rid of the facts. Then proudly announce that this is an innovative step forward in education.

FOOD

There is a new "special deal" on food storage available. They charge only \$895 plus freight for a one-person year supply. Why do people keep doing this? More to-the-point, why does anyone spend money this way?

You can still buy a one year supply of actually more nutritious food which will store longer from Preparedness Products for \$198 plus freight (Telephone (801) 292-3481). If you buy it in 20 person increments and furnish your own storage containers, the price is \$100 per person. The same ration, as described in our March 1988 and pictured in our October 1988 newsletters, can be purchased at our local retail store for about \$150.

I have been using this ration as a staple food for the children. "Corn" bread made from corn, wheat, pinto beans, soy beans, and soybean oil is very nutritious and quite tasty. I weigh the beans and grain, mix them, and flour the mixture in one pass through the grain grinder just before baking.

I admit it tastes better with some farm eggs and milk, but it is good without them. For small children, as we recommended earlier, store some number 10 cans of Maple Island milk which you can have shipped from Preparedness Products with the grain and beans.

I find this corn bread especially useful with Matthew who is now 23 months old. He sometimes does not want to eat enough of our regular meals. He will always stuff himself to the brim with the cornbread. We make it 12 recipes at a time.

You cannot store too much food. If you store this grain and bean ration, your children and probably your grandchildren can still use it. In an emergency, there will always be a surplus of hungry people who failed to prepare.

The only possible rationale for buying the more expensive packages is a desire to be able to eat a variety of prepared foods even during a terrible disaster or war. It is, however, the stomach which must be satisfied during a prolonged emergency - not the palate. Your survival will be much more likely if you have four times as much nutritious food with a simpler taste.