

You can, of course, just chew up the sprouts without processing them at all. Faced with starvation, this would probably not seem too bad. Unless you have available a wide range of other good foods and supplements, you should not cook or grind your wheat. As a sole source of nutrition, sprouted wheat is better than flour.

## **EMERGENCY MANAGEMENT**

The very small American government civil defense program is presently a part of the Federal Emergency Management Agency, FEMA. This agency is directed by General Julius Becton, a very able and accomplished retired military officer. His civil defense staff is quite capable and knowledgeable about civil defense.

FEMA operates under a Presidential directive to emphasize self-help civil defense. In other words, the American people are "on their own" with perhaps a few pamphlets on nuclear weapons effects published and distributed by FEMA.

FEMA is also directed by Congress to emphasize self-help, in that their budget is too small to do anything else. The entire FEMA budget is about 50 cents per American per year. That 50 cents must also protect us from floods, earthquakes, and all other such disasters.

Therefore, FEMA employs about 5,000 part-time and full-time employees scattered throughout the nation's communities who are supposed to distribute self-help information and serve as emergency planners. Compare this with the Soviet system described above.

Recently General Becton enforced a requirement that these 5,000 people include nuclear attack preparedness and participation in FEMA attack related exercises in their activities (as distinct from earthquakes and floods). "Peace" groups have screeched so raucously that legislation has been introduced which, if passed, would remove this requirement.

The root problem here is the whole concept of FEMA. Earthquake response may be "managed"; flood response may be "managed"; but the idea of "managing" a nuclear war is ridiculous.

The doomsday crowd is definitely wrong in claiming that nuclear war is unthinkable, because it will terminate humanity. But anyone who thinks in terms of a "managed" response to a nuclear attack under the direction of a group of administrative paper-shufflers is equally wrong.